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**Determinants of Blood Pressure Control among Hypertensive Patients in Nepal:
A Cross-Sectional Study**

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Background: Hypertension is a leading modifiable risk factor for cardiovascular morbidity and mortality worldwide. In Nepal, prevalence is rising, yet determinants of blood pressure (BP) control remain insufficiently understood. This study examined socio-demographic, lifestyle, and clinical factors associated with BP control among hypertensive patients attending a ter ...

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