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Beyond Pain Relief: Six-month Stability of ILTT Combined with Occlusal Splint in Temporomandibular Disorders: A Randomized Controlled Trial

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Introduction: Low Level Laser Therapy (LLLT), or photobiomodulation, is a non-invasive technique employed for its anti-inflammatory, analgesic, and tissue healing-stimulating effects. This study evaluates the efficacy of LLLT, alone and in combination with a Michigan occlusal splint, in patients with temporomandibular disorders (TMD) of an arthritic or osteoarthritic ...

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