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Lumbar Facet Joint Cysts: Evaluating Clinical Trends and Treatment Outcomes in a Single-Centre Retrospective Case Series

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Introduction: Lumbar facet joint cysts are a rare but significant cause of back and radicular pain. Their infrequency leaves literature sparse and optimal management debated. This study analyzed the characteristics and treatment outcomes of facet joint cysts in patients within our Health Board, evaluating adherence to current management guidelines and treatment effica ...

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