2026 | Volume Volume - 10 - Issue Issue - 1

In this issue

Research Article

Open Access Research Article PTZAID:OJOR-10-155

Predicting Physiotherapy Management of Musculoskeletal Abnormalities by 2030—A Phase-Specific Evidence-Based Protocol Integrating DNA-Level Prognostic Insights

Published On: December 18, 2025 | Pages: 036 - 039

Author(s): P Muthkrishnan*

The forecasting model underpinning future adoption of phase-specific, DNA-informed physiotherapy protocols employs a hybrid methodological framework, integrating population-level epidemiological data, genomic biobank insights, and contemporary clinical adoption trends. Key assumptions include: - The routine clinical utility of DNA-based prognostic profiling for muscu ...

Abstract View Full Article View DOI: 10.17352/ojor.000055

Open Access Research Article PTZAID:OJOR-10-153

Tibial Plateau Fractures: Therapeutic and Prognostic Aspects of Surgical Management

Published On: August 22, 2025 | Pages: 026 - 031

Author(s): Abdoulaye Camara*, Mohamed Daffe, Badara Dembele, Malick Diop, Mayoro Sow and André Daniel Sane

Introduction: Tibial plateau fractures account for 5–8% of lower limb fractures and 1% of fractures in adults. Materials and methods: This was a prospective, single-center, descriptive, continuous study conducted over an 18-month period, from September 15, 2022, to March 15, 2024, in the Orthopedics and Traumatology Department of CHNDJ. We studied the therapeutic a ...

Abstract View Full Article View DOI: 10.17352/ojor.000053

Open Access Research Article PTZAID:OJOR-10-151

Fibromyalgia (FM): The Effectiveness of the "Perrotta Fibromyalgia Protocol" (PF-

p) and the New Possible Etiology of the Clinical Condition. A Pilot Study

Published On: July 10, 2025 | Pages: 005 - 020

Author(s): Giulio Perrotta*

Introduction: Fibromyalgia is considered to be a multifactorial idiopathic disease with a strong psychological impact, and no structured protocol is currently able to organize the clinical investigation of the patient, outside of the patient's history, without incurring diagnostic errors. Objective: The effectiveness of the "Perrotta Fibromyalgia Protocol" (PF-p) is ...

Abstract View | Full Article View | DOI: 10.17352/ojor.000051

Review Article

Open Access Review Article PTZAID:OJOR-10-152

Herbal Remedies as Adjunct Therapies for Rheumatoid Arthritis: Focus on Ginger: A Review

Published On: July 24, 2025 | Pages: 021 - 025

Author(s): Judy Adham*

Rheumatoid Arthritis (RA) is a chronic autoimmune disorder characterized by persistent joint inflammation, pain, and progressive disability. While conventional pharmacological treatments remain the cornerstone of RA management, growing interest in alternative and complementary therapies has drawn attention to the medicinal potential of natural compounds such as ginger ...

Abstract View | Full Article View | DOI: 10.17352/ojor.000052

Case Report

Open Access Case Report PTZAID:OJOR-10-154

Myositis Ossificans Secondary to Lowlying Supracondylar Fracture of the Humerus in a Child: A Case Report

Published On: September 30, 2025 | Pages: 032 - 035

Author(s): Bishal Regmi*, Srina Rauniyar and Dinesh Kumar Pandit

Introduction: Myositis ossificans (MO) is a form of heterotopic ossification that develops within muscles or soft tissues, usually after trauma. It is a benign tumor-like lesion commonly seen in young adults and adolescents, and rarely in

children. MO can be classified into two forms: myositis ossificans progressiva (genetic) and myositis ossificans traumatica (acquir ...

Abstract View Full Article View DOI: 10.17352/ojor.000054

Open Access Case Report PTZAID:OJOR-10-150

Bridging and Repair of First Metatarsal Fracture with Chronic Pseudoarthrosis Following Multiple Surgical Interventions Using a Minimally Invasive Approach

Published On: February 04, 2025 | Pages: 001 - 004

Author(s): Michael A Scarpone and Charles C Lee*

Metatarsal fractures are a common type of injury to the foot and can result in chronic pain and disability if the fracture site fails to fuse after a series of bone fusion procedures with or without instrumentation, resulting in pseudarthrosis, which may ultimately require amputation. A 58-year-old male patient without any known risk factors presented with pseudarthro ...

Abstract View Full Article View DOI: 10.17352/ojor.000050