

In this issue

Research Article

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Fibromyalgia (FM): The Effectiveness of the "Perrotta Fibromyalgia Protocol" (PF-p) and the New Possible Etiology of the Clinical Condition. A Pilot Study

Published On: July 10, 2025 | Pages: 005 - 020

Author(s): Giulio Perrotta*

Introduction: Fibromyalgia is considered to be a multifactorial idiopathic disease with a strong psychological impact, and no structured protocol is currently able to organize the clinical investigation of the patient, outside of the patient's history, without incurring diagnostic errors. Objective: The effectiveness of the "Perrotta Fibromyalgia Protocol" (PF-p) is ...

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Review Article

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Herbal Remedies as Adjunct Therapies for Rheumatoid Arthritis: Focus on Ginger: A Review

Published On: July 24, 2025 | Pages: 021 - 025

Author(s): Judy Adham*

Rheumatoid Arthritis (RA) is a chronic autoimmune disorder characterized by persistent joint inflammation, pain, and progressive disability. While conventional pharmacological treatments remain the cornerstone of RA management, growing interest in alternative and complementary therapies has drawn attention to the medicinal potential of natural compounds such as ginger ...

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Case Report

Bridging and Repair of First Metatarsal Fracture with Chronic Pseudoarthrosis Following Multiple Surgical Interventions Using a Minimally Invasive Approach

Published On: February 04, 2025 | Pages: 001 - 004

Author(s): Michael A Scarpone and Charles C Lee*

Metatarsal fractures are a common type of injury to the foot and can result in chronic pain and disability if the fracture site fails to fuse after a series of bone fusion procedures with or without instrumentation, resulting in pseudoarthrosis, which may ultimately require amputation. A 58-year-old male patient without any known risk factors presented with pseudoarthro

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